

MY FAITH STORY - TESTIMONY GUIDE

How to Write Your Testimony

1. Start with a Keyword

The first step in writing your Faith Story is choosing what keywords describe your life before Christ. If you have been going to church for a while, maybe you have always known who Christ is. Describe a time when it was hard to see God actively working in your life. Below is a list of emotions. Circle two or three that adequately describe how you felt as a result of a problem you faced from the absence of Christ in your life. You are not limited to this list, so feel free to choose a keyword of your own! This part helps keep your story compelling and on track.

Life Before Christ or Without Christ's Presence:

abandoned	ashamed	distrusting	heartbroken	lost	unforgiving
alienated	betrayed	doubtful	hopeless	outcast	unloved
alone	bitter	fearful	hurt	prideful	
angry	confused	frustrated	insecure	rejected	
apathetic	depressed	guilty	lonely	uncertain	

2. Set up the Background

Now describe the situation in which you came to face this problem and why your keyword describes the way you felt. It is more important to be honest than dramatic. This helps people to relate with your story personally and understand why we need God in our lives. Use the back of this sheet or a piece of notebook paper.

3. Share How Jesus Entered Your Story

Now describe how you came to know Jesus or how He made Himself known in your life again. How you began to feel Him working. Be sure to describe that moment or that process, if you can, with adjectives that show how meaningful and impactful that it was for you. Try to describe how Jesus touched your heart and how you responded, such as asking Him to be your Lord and Savior. This part challenges people's idea of what God is like.

4. State the Impact of Christ on your Life

Now describe how Christ impacted your problem and your life. Use the emotion opposite of your keyword and share how Christ either reversed your problem or is continually giving you the power to overcome. This is the part that inspires those listening to place their hope Christ!

Life After Christ and With Christ's Presence:

belonging	cherished	forgiven	humble	patient	self-acceptance	understanding
called	excited	full	joyful	peaceful	surrounded	wanted
caring	fearless	happy	loved	proud	thankful	
certain	forgiving	hopeful	loving	purposeful	trusting	