



# Month 5 - Prayer

## OVERCOME WEEK

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Overcoming things that prevent you from believing and sharing the Good News of Jesus.



### Foundation Scripture

"Pray then like this: Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil." Matthew 6:9-13



### HOST

"Welcome to First Priority! Last week we started a new month where we are focusing on prayer. Does anyone remember the 3 aspects of prayer that Jesus models for us in our Foundation Scripture?"

That's right - Remember who God is, remember who you are, remember who we are to each other.

Before we get started, let's pray..."

### OPENING PRAYER

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### SPEAKER

"This week for Overcome Week, we are going to look at a few struggles we may have with prayer that keep us from praying:

**1. Prayer can be hard work.** Prayer requires sacrifice of our time and energy; that isn't always easy. Sometimes, the things we need to pray for are hard or scary. We have to pray with passion and faith in a God who is bigger than any problem we face. That is hard work.

**2. We can be frustrated or discouraged.** Sometimes, God doesn't answer our prayers the way we would like or think He should. This is discouraging and if we don't pray through those feelings, they can prevent us from praying. In Psalm 13:1, (*read Scripture*) we see David experience similar things. He thought God had forgotten him. We can feel the same way but it is important to not allow our feelings to stop us from talking to God. He knows how we feel and He wants to us to talk to Him about it, even if we are mad or discouraged.



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### SPEAKER

3. Prayer makes us confront our lack of control. When we pray as Jesus did in our Foundation Scripture, we are recognizing that "it's not my will, but Your will." It is not about what we want or think should happen. We have very little control. That is frustrating because we like to have control and be in charge. When we pray as Jesus taught us, it requires us to remember Who is really in control. That is easy when God gives us what we want but not so easy when we feel like He is wrong or silent.

"Now, let's talk about what may prevent us from praying with passion and integrity as groups of 3-4. Then, once everyone has shared, let's pray for each other. Pray that God would remove those obstacles or any lies we may believe so that we can come to Him open and excited about talking to Him."

**TIP:** Ask a few Student Leaders or guests to share what they struggle with and how they overcome those struggles with the group.

*(Close small groups)*



### HOST

"We hope that by sharing some things that stop us from praying like we should, you feel less alone. Everyone struggles to pray from time to time for so many different reasons.

Even though it seems little strange, the best way to overcome those struggles is to pray through them with the 3 tips we learned last week. Let's close in prayer."

### CLOSING PRAYER

## OTHER STUDENT LEADER ROLES



### PROMO

Tell students to invite their friends!



### WELCOME

Stand at the door at the beginning and end of club to welcome everyone!



### FOLLOW UP

Ask students to write down any questions they have and make a time to answer them with your Coach.