

OVERCOME WEEK

CHOOSE KINDNESS



Overcoming things that keep you from believing and sharing the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Overcome Week. Let’s kick things off with prayer.”

OPENING PRAYER

GAME OF CHOICES - WOULD YOU RATHER?

- Would you rather lose all your teeth or lose all your hair?
- Would you rather have a pillow fight or a snowball fight?
- Would you rather end crime or end poverty?
- Would you rather be lied to or gossiped about?
- Would you rather know a lot of people or have one really good friend?

INTRODUCE SPEAKER: “Last week we talked about how important it is to show kindness. Today my friend _____ is going to talk about what we need to overcome, so that we can show kindness.”



SPEAKER

PART 2 - OVERCOME WEEK DISCUSSION

- Look over the Overcome Week Discussion page to make sure you understand it.
- Read Overcome Week Discussion.
- Then break into groups and discuss.



HOST

PART 3 - ENDING THE CLUB

SOCIAL MEDIA CHALLENGE for “O” Week

Offer a Question

- Post this question on your social media: Who do you need to show kindness to?

ANNOUNCEMENTS

“Don’t forget about our service project. (Remind them when and where it is.) Next week is Prepare Week! Start thinking now about who you can invite.”

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



OVERCOME WEEK DISCUSSION

CHOOSE KINDNESS

SPEAKER

HIGHLIGHT SCRIPTURE

“Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.”
Ephesians 4:32

EXPLAIN

Have you ever spent time with someone who is always complaining and finding fault in everything or someone who is always negative about everything? Even when things are going well, they just can't seem to find a kind word. Sometimes it's difficult to be around people like that. Now think about someone who is always kind and has kind words to say in any situation. Which person would you rather be around? Which person are you?

In Ephesians chapter 4 verse 32, Paul gave us the command: “Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.” We should do this, because God was kind and tender-hearted to us. He was so kind that He gave His only Son, so that we could have eternity in heaven.

What do we need to overcome in our own lives to not just be kind but to live a life of kindness? We need to think about the words we use, before we use them. Are they kind and encouraging? If not, don't say them. Are we building someone up or tearing them down, even if the words might be true? Kindness is also not complaining or gossiping. OUCH!! Kindness is letting someone go before us in line at the store or at the 4-way stop sign and maybe even putting the shopping cart in the cart corral. Kindness is thinking of others before ourselves. We know this is hard in this me-me-me culture.

The secret to kindness is to just be a kind person and not just sometimes. Let kindness be a lifestyle. When we have a relationship with Jesus, we have kindness in us. When we live a life of kindness, is it just as much of a blessing to us as it is to the person we are being kind to. There is great joy in seeing others' lives change because someone was kind to them.

The kindest thing you can do is to pray for someone. Take the negative thoughts and comments and turn them into a prayer for that person. Jesus was kind and He prayed for others. Be like Jesus!

APPLY

All cultures seem to have something to say about kindness. There is even a saying, “No act of kindness, no matter how small, is ever wasted.” So as followers of Jesus, we are to be kind to others, no matter how large or small, so that others can see Jesus.

RESPOND

Let's get into groups and discuss these questions:

- How do you see people being kind to you?
 - How do you feel when someone is kind to you? Answer with more than just one word,
 - How do you show kindness to others?
 - The greatest act of kindness is sharing the Good News of Christ's love. List ONE way you can be kind to a classmate or friend this week.
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BIG IDEA TO REMEMBER

Kindness is showing others that they have value. Be kind no matter what.

KINDNESS