



FIRST PRIORITY  
HOPE WEEKLY GUIDE

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# CHOOSE KINDNESS

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KINDNESS



# PLANNING GUIDE

## Plan To Win

### HELP WEEK

 PROMO: \_\_\_\_\_

 WELCOME: \_\_\_\_\_

 HOST: \_\_\_\_\_

 SPEAKER: \_\_\_\_\_

 FOLLOW UP: \_\_\_\_\_

### OVERCOME WEEK

 PROMO: \_\_\_\_\_

 WELCOME: \_\_\_\_\_

 HOST: \_\_\_\_\_

 SPEAKER: \_\_\_\_\_

 FOLLOW UP: \_\_\_\_\_

### PREPARE WEEK

 PROMO: \_\_\_\_\_

 WELCOME: \_\_\_\_\_

 HOST: \_\_\_\_\_

 SPEAKER: \_\_\_\_\_

 FOLLOW UP: \_\_\_\_\_

### ENGAGE WEEK

 PROMO: \_\_\_\_\_

 WELCOME: \_\_\_\_\_

 HOST: \_\_\_\_\_

 SPEAKER: \_\_\_\_\_

 FOLLOW UP: \_\_\_\_\_

### NOTES

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KINDNESS

# HELP WEEK

## CHOOSE KINDNESS



Helping each other believe and share the Good News of Jesus.



HOST

### PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! This month we will talk about choosing to live a life of kindness. Let’s start things off with prayer.”

#### OPENING PRAYER

**INTRODUCE SPEAKER:** “Today my friend \_\_\_\_\_ is going to talk about the importance of showing kindness to everyone, and as a group, plan a service project for this month.”



SPEAKER

### PART 2 - HELP WEEK DISCUSSION

- Look over the Help Week Discussion page and Help Tool to make sure you understand it.
- Read the Help Week discussion.
- Then get into groups and come up with three service project ideas for the club to vote on.
- **HELP TOOL:** Service Project

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HOST

### PART 3 - ENDING THE CLUB

#### SOCIAL MEDIA CHALLENGE for “H” Week

Speak the Truth

- Post on social media your service project and invite others to join you.

#### ANNOUNCEMENTS

“Everyone remember to share the Good News of Jesus with someone this week. Next week is Overcome Week! Start thinking now about who you can invite to join you as we continue our theme Choose Kindness.”

#### CLOSING PRAYER

## BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



**SPEAKER**

# HELP WEEK DISCUSSION

## CHOOSE KINDNESS

### HIGHLIGHT SCRIPTURE

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” **Colossians 3:12**

### EXPLAIN

When you think about kindness, what comes to mind? (Allow students to respond.) We often think about kindness as a single act, such as “random acts of kindness” and not a part of who you are. However, the Bible tells us that we are to clothe ourselves in kindness, which goes far beyond just doing kind things for others “randomly.”

What if we stopped thinking of kindness as an action and started thinking of kindness as a part of who we are? In Colossians chapter 3 verse 12, it says, “Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

This verse says that we are supposed to clothe ourselves with kindness. When you get dressed in the morning, do you just wear your clothes long enough for someone to see them before taking them off? Of course not! That would defeat the entire purpose of wearing clothes. In the same way, kindness should not be a single action completed and then forgotten. Instead, it should be something we put on, wrapped all around us, and worn all day long.

Here are a couple of ways that will help you be clothed with kindness every day. One is to pray for opportunities to be kind. Find things to compliment people on. Take a little extra time to think before you speak and ask yourself, “Am I building others up or tearing them down?” In the words of Thumper, “If you can’t something nice, don’t say nothing at all.”

It’s so important to show kindness to everyone, even the people who you don’t feel like being kind to. No matter what people look like on the outside, you never know what they are going through on the inside. It will never hurt to be kind, but it will always hurt to be unkind. In a world where you can be anything, be kind!

### APPLY

Today for our Help Tool, we are going to put kindness into action, by planning a service project that we can do for our school or teacher sponsor. The goal is to complete this project sometime this month, as we continue to choose kindness.

### RESPOND

Break into groups and come up with a service project idea. Before the club ends, vote on which project your group is going to do and plan a date and time to complete it this month.

### BIG IDEA TO REMEMBER

Kindness isn’t something you do; it is who you are.

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# OVERCOME WEEK

## CHOOSE KINDNESS



Overcoming things that keep you from believing and sharing the Good News of Jesus.



HOST

### PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Overcome Week. Let’s kick things off with prayer.”

#### OPENING PRAYER

#### GAME OF CHOICES - WOULD YOU RATHER?

- Would you rather lose all your teeth or lose all your hair?
- Would you rather have a pillow fight or a snowball fight?
- Would you rather end crime or end poverty?
- Would you rather be lied to or gossiped about?
- Would you rather know a lot of people or have one really good friend?

**INTRODUCE SPEAKER:** “Last week we talked about how important it is to show kindness. Today my friend \_\_\_\_\_ is going to talk about what we need to overcome, so that we can show kindness.”



SPEAKER

### PART 2 - OVERCOME WEEK DISCUSSION

- Look over the Overcome Week Discussion page to make sure you understand it.
- Read Overcome Week Discussion.
- Then break into groups and discuss.



HOST

### PART 3 - ENDING THE CLUB

#### SOCIAL MEDIA CHALLENGE for “O” Week

Offer a Question

- Post this question on your social media: Who do you need to show kindness to?

#### ANNOUNCEMENTS

“Don’t forget about our service project. (Remind them when and where it is.) Next week is Prepare Week! Start thinking now about who you can invite.”

#### CLOSING PRAYER

## BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



# OVERCOME WEEK DISCUSSION

## CHOOSE KINDNESS

**SPEAKER**

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### HIGHLIGHT SCRIPTURE

“Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.”  
**Ephesians 4:32**

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### EXPLAIN

Have you ever spent time with someone who is always complaining and finding fault in everything or someone who is always negative about everything? Even when things are going well, they just can't seem to find a kind word. Sometimes it's difficult to be around people like that. Now think about someone who is always kind and has kind words to say in any situation. Which person would you rather be around? Which person are you?

In Ephesians chapter 4 verse 32, Paul gave us the command: “Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.” We should do this, because God was kind and tender-hearted to us. He was so kind that He gave His only Son, so that we could have eternity in heaven.

What do we need to overcome in our own lives to not just be kind but to live a life of kindness? We need to think about the words we use, before we use them. Are they kind and encouraging? If not, don't say them. Are we building someone up or tearing them down, even if the words might be true? Kindness is also not complaining or gossiping. OUCH!! Kindness is letting someone go before us in line at the store or at the 4-way stop sign and maybe even putting the shopping cart in the cart corral. Kindness is thinking of others before ourselves. We know this is hard in this me-me-me culture.

The secret to kindness is to just be a kind person and not just sometimes. Let kindness be a lifestyle. When we have a relationship with Jesus, we have kindness in us. When we live a life of kindness, is it just as much of a blessing to us as it is to the person we are being kind to. There is great joy in seeing others' lives change because someone was kind to them.

The kindest thing you can do is to pray for someone. Take the negative thoughts and comments and turn them into a prayer for that person. Jesus was kind and He prayed for others. Be like Jesus!

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### APPLY

All cultures seem to have something to say about kindness. There is even a saying, “No act of kindness, no matter how small, is ever wasted.” So as followers of Jesus, we are to be kind to others, no matter how large or small, so that others can see Jesus.

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### RESPOND

Let's get into groups and discuss these questions:

- How do you see people being kind to you?
  - How do you feel when someone is kind to you? Answer with more than just one word,
  - How do you show kindness to others?
  - The greatest act of kindness is sharing the Good News of Christ's love. List ONE way you can be kind to a classmate or friend this week.
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### BIG IDEA TO REMEMBER

Kindness is showing others that they have value. Be kind no matter what.

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# PREPARE WEEK

## CHOOSE KINDNESS



Preparing your story of believing the Good News of Jesus.



HOST

### PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Prepare Week. Let’s kick things off with prayer.”

#### OPENING PRAYER

**GAME:** If you have time, play a game to help everyone feel welcome.

**INTRODUCE SPEAKER:** “Last week we talked about how showing kindness matters. Today my friend \_\_\_\_\_ is going to give us two different ways we can share our faith story.”

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SPEAKER

### PART 2 - PREPARE WEEK EXERCISE

- Look over the Prepare Week Exercise page and make sure you understand it.
- If you have students signed up to share their **Faith Story**, let them go first.
- Read the Prepare Week Exercise.
- Then have the students break into groups and start documenting their stories.



HOST

### PART 3 - ENDING THE CLUB

#### SOCIAL MEDIA CHALLENGE for “P” Week

Answer the question

- Post on social media your group’s story. Tag your First Priority Club in your post.

#### ANNOUNCEMENTS

“Don’t forget to share the Good News of Jesus with someone this week. Next week is Engage Week! Start thinking now about who you can invite to join you to hear the Good News of Jesus.”

#### CLOSING PRAYER

## BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



# PREPARE WEEK EXERCISE

## CHOOSE KINDNESS

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SPEAKER

### FAITH STORY

Today \_\_\_\_\_ is sharing their faith story.

Please listen, as it can be hard to share in front of people. Remember, there is power in your story.

(After students share, continue to the exercise below.)

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### FAITH STORY DOCUMENTARY

Split up into groups of three to five students. Each group will make a short documentary/story for Twitter/Instagram/Snapchat of what it means to have a relationship with Jesus.

**Option 1:** Use the space below or your phone to write down your testimony in 280 characters or less. Include only the most important, most specific, and most impactful details, and compose a tweet of your story. You can post on your own social media. After everyone is finished, go around the room and have everyone read their tweet aloud. You can use Instagram or Snapchat, instead of Twitter.

**Option 2:** Use the space below or your phone to write down or record a two-minute version of your story. Include your life before Jesus, how you came to know Him, and your life since then. After everyone is finished, go around the room, and ask if anyone would like to share their two-minute story. Post your story to social media.

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# PREPARE WEEK EXERCISE

## CHOOSE KINDNESS

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**Option 2:** Use the space below or your phone to write down or record a two-minute version of your story. Include your life before Jesus, how you came to know Him, and your life since then. After everyone is finished, go around the room, and ask if anyone would like to share their two-minute story. Post your story to social media.

# ENGAGE WEEK

## CHOOSE KINDNESS



Engaging your school with the Good News of Jesus.



HOST

### PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Engage Week. Let’s kick things off with prayer.”

#### OPENING PRAYER

**GAME:** If you have time, play a game to help everyone feel welcome.

**INTRODUCE SPEAKER:** “Last week we shared our faith story in 280 characters or two minutes or less. Today my friend \_\_\_\_\_ is going to talk about the greatest story. It is the Good News of Jesus.”



SPEAKER

### PART 2 - ENGAGE WEEK DISCUSSION

- Look over the Engage Week Discussion GOSPEL S.T.O.R.Y. to make sure you understand it.
- Read Engage Week Discussion. Then close in prayer.
- Next have the Host read the **Response Time** below.
- Pass out **Student Response Cards** to each student.



HOST

### PART 3 - ENDING THE CLUB

**RESPONSE TIME:** (Pass out Student Response Cards)

“Everyone take a minute and think about what was just shared today. If you decided to begin a relationship with Jesus, then on your response card check the first box. If you have questions or would like us to help you find a youth group to go to, check that box, and we would love to get you connected. Take a few minutes to fill out your card, and we will come around to collect them.”

#### SOCIAL MEDIA CHALLENGE “E” WEEK

Proclaim the Gospel

- Post on social media pictures from your service project and invite students to join you at First Priority.

#### ANNOUNCEMENTS

“Thank you for coming. Join us next week for Help Week!”

#### CLOSING PRAYER

## BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more. Do the follow-up sheet and process.



SPEAKER

# ENGAGE WEEK DISCUSSION

## CHOOSE KINDNESS

### GOSPEL S.T.O.R.Y.

SCRIPTURE. TRUE. OUR. REAL. YOU.

The word **Gospel** means **Good News**. It was used to announce good news about a new king. The good news told about the king's message, actions, and victories. The Gospel of Jesus is found in the Bible. It is the Good News of who Jesus is and what He has done. The Gospel story also tells us who we are, why we are broken, and how Jesus is the King who gave His life to rescue us. We are invited to be a part of God's story by trusting and following Jesus.

 <p><b>SCRIPTURE</b> tells us who Jesus is and what He has done.</p>	<p>Who are some of the kindest people that you know? What kind of things do they do every day that make you think they are kind? The Gospel story tells us that Jesus showed the kindness of God to us. Titus chapter 3 verse 4 says, "But when the goodness and loving kindness of God our Savior appeared, he saved us." Jesus came to show us how good, loving, and kind that God is. This is because of who Jesus is.</p> <p>The Bible tells us the true story about who Jesus is and what He has done. Mark chapter 1 verse 1 tells us exactly who Jesus is: "The beginning of the Gospel of Jesus Christ, the Son of God." Mark says clearly that Jesus is the Son of God. We can look to Jesus to know exactly what God is like. The entire story of the Bible is about how Jesus is coming to rescue people from sin, because He is the true King.</p>
 <p><b>TRUE</b> identity begins with knowing that God created us.</p>	<p>But wait, why do we need Jesus to rescue us from our sins? Let me explain.</p> <p>The story began with God creating all things. He called everything that He made, good. He created humans to know Him and to represent Him on the earth (Genesis 1:27). God created you, knows you, and loves you more than you could ever imagine. He has created you to love Him and other people. This is your true identity.</p> <p>Sadly, everything did not remain the way that God created it. Everything became broken.</p>
 <p><b>OUR</b> lives are broken by sin.</p>	<p>The first humans that God created chose to turn away from Him. They broke their relationship with God. We have all chosen to live our own way, too. We have failed to fulfill God's purpose for our lives to love Him and other people. This is called sin. The Bible says that we have all sinned and fall short of the glory of God (Romans 3:23). Our lives and the world that we know are broken by sin. Because of this, we don't always realize how good and kind God is to us. We need someone to rescue us and show us how good God is.</p>
 <p><b>REAL</b> love is Jesus giving His life for ours.</p>	<p>Jesus came with a message of Good News. He was sent by God to rescue us and restore our relationship with God (Luke 19:10). Jesus never sinned. He perfectly loved God and all people. Jesus showed us real love by giving His life for our sins. He died and was buried, but on the third day, God raised Him from the dead. He was seen alive by over 500 people (1 Corinthians 15:3-6). He is the true King who rescued us by His love.</p>
 <p><b>You</b> are invited into God's story.</p>	<p>Jesus showed us that God is good and kind by coming to rescue us. You can know God's goodness and kindness through Jesus. You are invited into God's story. It begins with a choice to trust and follow Jesus.</p> <p>If you would like to begin a relationship with God, I would like to invite you to pray with me. <b>PRAY:</b> "God, I believe this Gospel story of Jesus. I know that I am broken. I ask you to forgive me of my sins. I want you to be the King of my life. I choose to trust and follow Jesus today and forever. Amen."</p> <p>(Pass out <b>Student Response Cards</b> while the Host shares <b>Response Time</b> from <b>Part 3</b>.)</p>

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# STUDENT RESPONSE CARD

My response to the Gospel story today.  
(Please only check one.)

- I began a relationship with Jesus today.
- I have questions about following Jesus.
- I am already a follower of Jesus.
- I am not interested.

I would like to get connected to a youth group.

Name \_\_\_\_\_

Phone # \_\_\_\_\_

What church do you attend? \_\_\_\_\_

Who invited you to FP today? \_\_\_\_\_

The information you put on this card will be given to a student leader to follow up with you. Your information will not be stored or given to anyone else.



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