



FIRST PRIORITY
HOPE WEEKLY GUIDE

CHOOSE PRAYER

PRAYER



PLANNING GUIDE

Plan To Win

PRAYER

HELP WEEK

 PROMO: _____

 WELCOME: _____

 HOST: _____

 SPEAKER: _____

 FOLLOW UP: _____

OVERCOME WEEK

 PROMO: _____

 WELCOME: _____

 HOST: _____

 SPEAKER: _____

 FOLLOW UP: _____

PREPARE WEEK

 PROMO: _____

 WELCOME: _____

 HOST: _____

 SPEAKER: _____

 FOLLOW UP: _____

ENGAGE WEEK

 PROMO: _____

 WELCOME: _____

 HOST: _____

 SPEAKER: _____

 FOLLOW UP: _____

NOTES

HELP WEEK

CHOOSE PRAYER



Helping each other believe and share the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! This month our focus will be on choosing prayer. We will talk about how to apply prayer to our daily lives and in every situation. Let’s start things off with prayer.”

OPENING PRAYER

INTRODUCE SPEAKER: “Today my friend _____ is going to talk about making prayer a choice and show us a help tool that will help us make prayer a priority.”



SPEAKER

PART 2 - HELP WEEK DISCUSSION

- Look over the Help Week Discussion and Help Tool to make sure you understand it.
- Read the Help Week Discussion.
- Then pass out the **Appointment Card** with **Teaspoon Prayer Journal**.
- **HELP TOOL:** Appointment Card with Teaspoon (.tsp) Prayer Journal



HOST

PART 3 - ENDING THE CLUB

SOCIAL MEDIA CHALLENGE for “H” Week

Speak the Truth

- Post this truth on your social media: Prayer doesn’t change God, it changes me!

ANNOUNCEMENTS

“Everyone remember to share the Good News of Jesus with someone this week. Next week is Overcome Week! Start thinking now about who you can invite to join you as we continue our theme Choose Prayer.”

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



SPEAKER

HELP WEEK DISCUSSION

CHOOSE PRAYER

HIGHLIGHT SCRIPTURE

“Rejoice in hope, be patient in tribulation, be constant in prayer.” **Romans 12:12**

EXPLAIN

How is your prayer life? It is a simple question, but it can be tough to answer. We may think we have to pray with fancy words, but prayer is simply talking to God. Throughout the day, God longs to hear our requests.

For example: “Thank you for this breakfast, Lord.” - “God, help me to focus on my schoolwork.” - “Lord, help me love this person right now.” - “God, will you show me what to do?”

The best way to strengthen your relationship with God is through developing a prayer life. Just like with any relationship, you make a point to communicate daily to show that you love and care for them. With God, it is no different. Romans chapter 12 verse 12 says, “Rejoice in hope, be patient in tribulation, be constant in prayer.” We rejoice in the hope that God will take care of everything. Our patience shows others that we are different in how we handle trials, and we are constant in prayer, knowing that God hears our requests.

So how can you be constant in prayer? You CHOOSE to. That might seem so simple, but without choosing each day to spend time in conversation with God, we will find ourselves not praying at all. Next, you need to pick a time and place where you can be alone with God. Jesus gave us a glimpse of what that looks like in Mark chapter 1 verse 35, “And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.” Jesus got up before everyone else to go spend time alone with God praying. What time works best for you? It could be in the morning before school, on the bus ride, or maybe in the evening before you go to bed. Whatever time you choose, let’s start today by making an appointment to spend time praying to God.

APPLY

Take a few minutes and fill out the appointment card for your prayer time with God. (Give students a few minutes.) Now that you have set the time and place, below is a simple way to start off your time in prayer.

t is for Thank You – Take time to thank God for all He has done.

s is for Sorry – Ask God for forgiveness for things you have done wrong.

p is for Please – Ask God for what you need or for the needs of others.

RESPOND

Let’s take some time before we leave today and begin filling out our Teaspoon (**.tsp**) Prayer Journals.

BIG IDEA TO REMEMBER

A better question than “How’s your prayer life?” would be “Did you choose to pray today?”

HELP WEEK TOOL

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

PRAYER TIME
APPOINTMENT WITH GOD

DATE: _____

TIME: _____

LOCATON: _____



.tsp (TEASPOON PRAYER)

t IS FOR THANK YOU
TAKE TIME TO THANK GOD
FOR ALL THAT HE HAS DONE
FOR YOU.

s IS FOR SORRY
ASK GOD FOR
FORGIVENESS FOR THE
THINGS THAT YOU HAVE
DONE WRONG.

p IS FOR PLEASE
ASK GOD FOR WHAT YOU
NEED AND FOR THE NEEDS
OF OTHERS.

CHOOSE PRAYER

OVERCOME WEEK

CHOOSE PRAYER

PRAYER



Overcoming things that keep you from believing and sharing the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Overcome Week. Let’s kick things off with prayer.”

OPENING PRAYER

GAME OF CHOICES - WOULD YOU RATHER?

- Would you rather live without the Internet or live without heat and air?
- Would you rather live on the beach or live in a cabin in the woods?
- Would you rather free sushi for life or free tacos for life?
- Would you rather give up bathing for a month or brushing your teeth for a month?
- Would you rather it never stop snowing or never stop raining?

INTRODUCE SPEAKER: “Last week we talked about how to make prayer a priority. Today my friend _____ is going to talk about overcoming our anxiety by praying.”



SPEAKER

PART 2 - OVERCOME WEEK DISCUSSION

- Look over the Overcome Week Discussion page to make sure you understand it.
- Read Overcome Week Discussion.
- Then break into groups and share.



HOST

PART 3 - ENDING THE CLUB

SOCIAL MEDIA CHALLENGE for “O” Week

Offer a Question

- Post this question on your social media: How can I pray for you?

ANNOUNCEMENTS

“Everyone remember to share the Good News of Jesus with someone this week. Next week is Prepare Week! Start thinking now about who you can invite.”

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



SPEAKER

OVERCOME WEEK DISCUSSION

CHOOSE PRAYER

PRAYER

HIGHLIGHT SCRIPTURE

“do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” **Philippians 4:6**

EXPLAIN

Last week we talked about how to make prayer a priority. Today we will use our highlight verse to help us overcome our anxiety by praying.

One thing that is true about all religions is that people pray. They chant or sit silently and speak to themselves or even out loud, but they pray. So what makes Christianity different? Great question. Let’s look at today’s highlight verse again in Philippians chapter 4 verse 6, “do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”

Paul gives us an outline of how to do this. First, don’t be anxious, worried, or even stressed! That’s hard, because stress is all around us. How do we do this? When Paul wrote these words, he was in prison for his faith, so he was no stranger to stress. He was able to pray, because he had faith that God was hearing him. God is bigger than all of our stress and worries.

Second, pray and ask in every situation with thanksgiving. Prayer is simply talking and listening to God. That means talking to Him and thanking Him in the good times and the bad. God never gets tired of hearing our requests, no matter the situation. Paul is also telling us to make our requests known to God. He cares about even the little things. Even though God already knows what we need, He wants to hear us asking Him through prayer.

APPLY

There is comfort in prayer. For some, the hardest part is trying to find the right words or feeling like we don’t know how to pray. The Bible tells us in Romans chapter 8 verse 26, “Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.” He hears you. What is keeping you from praying?

RESPOND

Let’s get into groups and share:

- What you are grateful for.
- What you struggle to pray for.
- If God would answer one prayer right now, what would it be?
- If you brought your **Teaspoon Pray Journal** from last week, take some time before you leave and write down some things that you are thankful for.

BIG IDEA TO REMEMBER

Don’t be nervous or worried about anything. Talk to God. He cares for you.

PREPARE WEEK

CHOOSE PRAYER

PRAYER



Preparing your story of believing the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Prepare Week. Let’s kick things off with prayer.”

OPENING PRAYER

GAME: If you have time, play a game to help everyone feel welcome.

INTRODUCE SPEAKER: “Last week we talked about overcoming our anxiety by praying. Today my friend _____ is going to share a creative way we can tell our faith story through our prayer journey.”



SPEAKER

PART 2 - PREPARE WEEK EXERCISE

- Look over the Prepare Week Exercise page and make sure you understand it.
- If you have students signed up to share their **Faith Story**, let them go first.
- Read the Prepare Week Exercise.
- Then pass out **My Faith Story** handout, and allow students time to write out their story.



HOST

PART 3 - ENDING THE CLUB

SOCIAL MEDIA CHALLENGE for “P” Week

Answer the question

- Post on social media how God has answered one of your prayers.

ANNOUNCEMENTS

“Don’t forget to share the Good News of Jesus with someone this week. Next week is Engage Week! Start thinking now about who you can invite to join you to hear the Good News of Jesus.”

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



SPEAKER

PREPARE WEEK EXERCISE

CHOOSE PRAYER

PRAYER

FAITH STORY

Today _____ is sharing their faith story.

Please listen, as it can be hard to share in front of people. Remember, there is power in your story.

(After students share, continue to the exercise below.)

MY FAITH STORY - KEYWORD

Your story is one of the most important tools you have been given by God to share the Gospel with the world around you! The most powerful part of a testimony is explaining the **WHY** behind your decision to follow Jesus. Before sharing your story for the first time, make sure to write it down, practice out loud, and pray that God would use your story as you share it!

In the sheet we are handing out, we are going to work through four things.

1. Keywords that describe your life before knowing Jesus
2. Setting up the background of why you chose these keywords
3. How Jesus entered your story
4. The impact that Jesus has made in your life

PREPARE WEEK HANDOUT

CHOOSE PRAYER

PRAYER

MY FAITH STORY - KEYWORD

Your story is one of the most important tools you have been given by God to share the Gospel with the world around you! The most powerful part of a testimony is explaining the **WHY** behind your decision to follow Jesus. Before sharing your story for the first time, make sure to write it down, practice out loud, and pray that God would use your story as you share it!

1. START WITH A KEYWORD

The first step in writing down your faith story is choosing what keywords describe your life before Jesus. Below is a list of emotions. Circle two or three that adequately describe how you felt as a result of a problem you faced without Jesus in your life. You are not limited to this list, so feel free to choose a keyword of your own! This part helps keep your story compelling and on track.

alienated	depressed	hopeless	uncertain
alone	distrusting	hurt	unforgiving
angry	doubtful	insecure	unloved
apathetic	fearful	lonely	worthless
ashamed	frustrated	lost	
bitter	guilty	prideful	
confused	heartbroken	rejected	

2. SET UP THE BACKGROUND

Now describe the situation in which you came to face this problem and why your keyword describes the way you felt. It is more important to be honest than dramatic. This helps people to relate with your story personally and understand why we need God in our lives. If you need more space, continue on the back.

3. SHARE HOW JESUS ENTERED YOUR STORY

Now describe how you came to know Jesus. Be sure to describe that moment or that process, if you can, with adjectives that show how meaningful and impactful it was for you. Try to describe how Jesus touched your heart and how you responded, such as asking Him to be your Lord and Savior. This part challenges people's idea of what God is like.

4. STATE THE IMPACT OF JESUS ON YOUR LIFE

Now describe how Jesus impacted your problem and your life. Use the emotion opposite of your keyword and share how Jesus either reversed your problem or is continually giving you the power to overcome. This is the part that inspires your hearers to place their hope in Jesus.

ENGAGE WEEK

CHOOSE PRAYER



Engaging your school with the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

“Welcome to First Priority. We are glad you are here! Thank you for joining us for Engage Week. Let’s kick things off with prayer.”

OPENING PRAYER

GAME: If you have time, play a game to help everyone feel welcome.

INTRODUCE SPEAKER: “Last week we wrote out our faith story using key words. Today my friend _____ is going to talk about the Good News of Jesus.”



SPEAKER

PART 2 - ENGAGE WEEK DISCUSSION

- Look over the Engage Week Discussion GOSPEL S.T.O.R.Y. to make sure you understand it.
- Read Engage Week Discussion. Then close in prayer.
- Next have the Host read the **Response Time** below.
- Pass out **Student Response Cards** to each student.



HOST

PART 3 - ENDING THE CLUB

RESPONSE TIME: (Pass out Student Response Cards)

“Everyone take a minute and think about what was just shared today. If you decided to begin a relationship with Jesus, then on your response card check the first box. If you have questions or would like us to help you find a youth group to go to, check that box, and we would love to get you connected. Take a few minutes to fill out your card, and we will come around to collect them.”

SOCIAL MEDIA CHALLENGE “E” WEEK

Proclaim the Gospel

- Post the Teaspoon Prayer of salvation meme from First Priority or create your own.

ANNOUNCEMENTS

“Thank you for coming. Join us next week for Help Week!”

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more. Do the follow-up sheet and process.

ENGAGE WEEK DISCUSSION



SPEAKER

CHOOSE PRAYER

GOSPEL S.T.O.R.Y.

SCRIPTURE. TRUE. OUR. REAL. YOU.

The word **Gospel** means **Good News**. It was used to announce good news about a new king. The good news told about the king's message, actions, and victories. The Gospel of Jesus is found in the Bible. It is the Good News of who Jesus is and what He has done. The Gospel story also tells us who we are, why we are broken, and how Jesus is the King who gave His life to rescue us. We are invited to be a part of God's story by trusting and following Jesus.

 <p>SCRIPTURE tells us who Jesus is and what He has done.</p>	<p>Have you ever had someone pray for you? If so, it can be a good feeling to know that someone cares about you. Thousands of years before you were even born, Jesus prayed for you. He prayed that everyone would hear this Gospel story and believe that He was sent by God (John 17:20). But why does it matter that Jesus prayed for you?</p> <p>The Bible tells us the true story about who Jesus is and what He has done. Mark chapter 1 verse 1 tells us exactly who Jesus is: "The beginning of the Gospel of Jesus Christ, the Son of God." Mark says clearly that Jesus is the Son of God. We can look to Jesus to know exactly what God is like. The entire story of the Bible is about how Jesus is coming to rescue people from sin, because He is the true King.</p>
 <p>TRUE identity begins with knowing that God created us.</p>	<p>But wait, why do we need to believe in Jesus and be rescued from sin? Let me explain.</p> <p>The story began with God creating all things. He called everything that He made, good. He created humans to know Him and to represent Him on the earth (Genesis 1:27). God created you, knows you, and loves you more than you could ever imagine. He created you to love Him and other people. This is your true identity. God also invited us to talk to Him. This is what we call prayer.</p> <p>Sadly, everything did not remain the way that God created it. Everything became broken.</p>
 <p>OUR lives are broken by sin.</p>	<p>The first humans that God created chose to turn away from Him. They broke their relationship with God. We have all chosen to live our own way, too. We have failed to fulfill God's purpose for our lives to love Him and other people. This is called sin. The Bible says that we have all sinned and fall short of the glory of God (Romans 3:23). Our lives and the world that we know are broken by sin. Because of this brokenness, instead of talking to God in prayer, we often feel alone and isolated from God. We need someone to rescue us and reconnect us to God.</p>
 <p>REAL love is Jesus giving His life for ours.</p>	<p>Jesus came with a message of Good News. He was sent by God to rescue us and restore our relationship with God (Luke 19:10). Jesus never sinned. He perfectly loved God and all people. Jesus showed us real love by giving His life for our sins (1 John 3:16). He died and was buried, but on the third day God raised Him from the dead. He was seen alive by over 500 people (1 Corinthians 15:3-6). He is the true King who rescued us by His love. We can now talk to God any time.</p>
 <p>You are invited into God's story.</p>	<p>Jesus prayed that you would have eternal life by knowing Him (John 17:3). You are invited into God's story. This new life can begin by trusting and following Jesus.</p> <p>If you would like to begin a relationship with God, I would like to invite you to pray with me. PRAY: "God, I believe this Gospel story of Jesus. I know that I am broken. I ask you to forgive me of my sins. I want you to be the King of my life. I choose to trust and follow Jesus today and forever. Amen." (Pass out Student Response Cards while the Host shares Response Time from Part 3.)</p>

STUDENT RESPONSE CARD

My response to the Gospel story today.
(Please only check one.)

- I began a relationship with Jesus today.
- I have questions about following Jesus.
- I am already a follower of Jesus.
- I am not interested.

I would like to get connected to a youth group.

Name _____

Phone # _____

What church do you attend? _____

Who invited you to FP today? _____

The information you put on this card will be given to a student leader to follow up with you. Your information will not be stored or given to anyone else.



STUDENT RESPONSE CARD

My response to the Gospel story today.
(Please only check one.)

- I began a relationship with Jesus today.
- I have questions about following Jesus.
- I am already a follower of Jesus.
- I am not interested.

I would like to get connected to a youth group.

Name _____

Phone # _____

What church do you attend? _____

Who invited you to FP today? _____

The information you put on this card will be given to a student leader to follow up with you. Your information will not be stored or given to anyone else.



STUDENT RESPONSE CARD

My response to the Gospel story today.
(Please only check one.)

- I began a relationship with Jesus today.
- I have questions about following Jesus.
- I am already a follower of Jesus.
- I am not interested.

I would like to get connected to a youth group.

Name _____

Phone # _____

What church do you attend? _____

Who invited you to FP today? _____

The information you put on this card will be given to a student leader to follow up with you. Your information will not be stored or given to anyone else.



STUDENT RESPONSE CARD

My response to the Gospel story today.
(Please only check one.)

- I began a relationship with Jesus today.
- I have questions about following Jesus.
- I am already a follower of Jesus.
- I am not interested.

I would like to get connected to a youth group.

Name _____

Phone # _____

What church do you attend? _____

Who invited you to FP today? _____

The information you put on this card will be given to a student leader to follow up with you. Your information will not be stored or given to anyone else.



