

HELP WEEK

CHOOSE KINDNESS



Helping each other believe and share the Good News of Jesus.



HOST

PART 1 - STARTING THE CLUB

"Welcome to First Priority. We are glad you are here! This month we will talk about choosing to live a life of kindness. Let's start things off with prayer."

OPENING PRAYER

INTRODUCE SPEAKER: "Today my friend _____ is going to talk about the importance of showing kindness to everyone, and as a group, plan a service project for this month."



SPEAKER

PART 2 - HELP WEEK DISCUSSION

KINDNESS

- Look over the Help Week Discussion page and Help Tool to make sure you understand it.
- Read the Help Week discussion.
- Then get into groups and come up with three service project ideas for the club to vote on.
- **HELP TOOL:** Service Project



HOST

PART 3 - ENDING THE CLUB

SOCIAL MEDIA CHALLENGE for "H" Week

Speak the Truth

- Post on social media your service project and invite others to join you.

ANNOUNCEMENTS

"Everyone remember to share the Good News of Jesus with someone this week. Next week is Overcome Week! Start thinking now about who you can invite to join you as we continue our theme Choose Kindness."

CLOSING PRAYER

BEHIND THE SCENES



PROMO

Invite people and promote the club meeting.



WELCOME

Create a welcoming environment.



FOLLOW UP

Be available for anyone who would like to pray or talk more.



SPEAKER

HELP WEEK DISCUSSION

CHOOSE KINDNESS

HIGHLIGHT SCRIPTURE

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience." **Colossians 3:12**

EXPLAIN

When you think about kindness, what comes to mind? (Allow students to respond.) We often think about kindness as a single act, such as "random acts of kindness" and not a part of who you are. However, the Bible tells us that we are to clothe ourselves in kindness, which goes far beyond just doing kind things for others "randomly."

What if we stopped thinking of kindness as an action and started thinking of kindness as a part of who we are? In Colossians chapter 3 verse 12, it says, "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

This verse says that we are supposed to clothe ourselves with kindness. When you get dressed in the morning, do you just wear your clothes long enough for someone to see them before taking them off? Of course not! That would defeat the entire purpose of wearing clothes. In the same way, kindness should not be a single action completed and then forgotten. Instead, it should be something we put on, wrapped all around us, and worn all day long.

Here are a couple of ways that will help you be clothed with kindness every day. One is to pray for opportunities to be kind. Find things to compliment people on. Take a little extra time to think before you speak and ask yourself, "Am I building others up or tearing them down?" In the words of Thumper, "If you can't say something nice, don't say nothing at all."

It's so important to show kindness to everyone, even the people who you don't feel like being kind to. No matter what people look like on the outside, you never know what they are going through on the inside. It will never hurt to be kind, but it will always hurt to be unkind. In a world where you can be anything, be kind!

APPLY

Today for our Help Tool, we are going to put kindness into action, by planning a service project that we can do for our school or teacher sponsor. The goal is to complete this project sometime this month, as we continue to choose kindness.

RESPOND

Break into groups and come up with a service project idea. Before the club ends, vote on which project your group is going to do and plan a date and time to complete it this month.

BIG IDEA TO REMEMBER

Kindness isn't something you do; it is who you are.