



GAME

Stuck on You

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

OVERVIEW

In this game, students will be introduced to the classic game, Human Knot. In small groups, they'll entangle themselves with each other and then attempt to get unstuck.

- All of your students split into their small groups

WHAT YOU'LL NEED

HOW-TO

PREP

- This game requires no preparation. Just be sure each small group has enough space to play as a group.

PLAY

Ask students to break up into their small groups and stand in a circle. Then instruct them to grab hands with two different people in the circle. Remember, neither one can be the person standing directly beside them.

Once they've created their human knot, the team must work together to untangle themselves without letting go of each other's hands. The knot is considered untangled when the group is standing in a circle once again. The small group that gets untangled the quickest wins.

As a host, be mindful that some groups might twist themselves into an unsolvable knot. Be proactive as the game goes on and allow some groups to briefly break and reconnect pieces of their knot to help them get closer to getting untangled.