

70 Days of Expansion:

THE INSANITY OF GOSPEL ENTREPRENEURS

PRAYER AND FASTING GUIDE



70 DAYS OF EXPANSION: Prayer and Fasting Guide

This strategic focus plan gives us all some additional intentionality for 70 days to take our evangelism “game” up a level. The difference in **elite** athletes and **great** athletes is only the higher level of focus and discipline in the **fundamentals**.

The challenge with the 70 Days plan is to intentionally do everything we do better and with more passion. If you haven’t read the 70 Days of Expansion Overview, you should read it through before using this Prayer and Fasting Guide.

70 DAYS OF EXPANSION: The INSANITY of Gospel Entrepreneurs

This plan has 4 components:

1. **Prayer and Fasting - 2 weeks** (preparation and participation)
2. **Engage and Evangelize - 4 weeks** (insane efforts to reach students for Christ)
3. **Service - 4 weeks** (insane efforts to be a light at school through service)
4. **National Day of Prayer Day - 1 Day** May 3, 2018

PRAYER AND FASTING

This part of the 70 day plan can take up to 2 weeks, beginning on February 23.

Step 1 - Commit yourself to this prayer and fasting.

Step 2 - Assemble your team if the Lord calls you to take this journey in community. If you are a part of a First Priority club, the club leadership should be made aware of this plan and encouraged to participate at some level together. Go over the larger 70 DAYS OF EXPANSION document together. It will serve as an anchor to this guide. Buy-in is important. Please don’t skip this step.

Step 3 - Begin the prayer and fasting part of the journey.

PRAYER GUIDE

Day #1 - PRAYER - a form of serving God and obeying Him - Read Luke 2:36-38. Pray a prayer like this verse illustrates. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #2 - PRAYER - God commands us to pray - Read Philippians 4:6-7. Pray a prayer that illustrates these verses in your life. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #3 - PRAYER - Christ's example to pray - Read Mark 1:35; Acts 1:14; 2:42; 3:1; 4:23-31; 6:4; 13:1-3. Pray a prayer like Christ prayed. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #4 - PRAYER - God intends prayer to be the means of obtaining His solutions - Read Luke 6:12-13. Pray a prayer like these verses illustrate. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

#5 - PRAYER - Prayer helps us overcome demonic barriers - Read Matthew 17:14-21. Pray a prayer that reflects the meaning and purpose of this prayer. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #6 - PRAYER - Prayer helps gather workers for the spiritual harvest - Read Luke 10:2. Pray for a "harvest" of FP workers, partners, donors and volunteers. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #7 - PRAYER - Prayer helps us gain strength to overcome temptation - Read Matthew 26:41. Pray a prayer to reflect the meaning of this verse in your life. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #8 - PRAYER - Prayer helps us to obtain the means of strengthening others spiritually - Read Ephesians 6:18-19. Pray a prayer that reflects this meaning of these verses in your own life. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #9 - PRAYER - Prayer can contain specific requests, and we have God's promise that our prayers are not in vain. Read Matthew 6:6; Romans 8:26-27. Pray a prayer full of specific requests. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #10 - Prayer - When we ask for things that are in accordance with His will, He will give us what we ask for. - Read 1 John 5:14-15. Pray a prayer asking for God to reveal His will to you. Pray for that right now. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #11 - PRAYER - We should be diligent and persistent in prayer. Read Matthew 7:7; Luke 18:1-8. Pray a diligent and persistent prayer over the next days, months and years. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #12 - PRAYER - Prayer is a means of discerning His will. Read Mark 7:26-30. Pray a prayer asking for discernment and clear meaning to His will. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #13 - PRAYER - God has said that we often go without because we do not ask. Read James 4:2. Pray a prayer asking God to reveal things you may need to be praying for. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #14 - PRAYER - A lack of prayer demonstrates a lack of faith & a lack of trust in God. We pray to demonstrate faith in God, that He will do as He has promised in His Word & bless our lives abundantly. Read Ephesians 3:20. Pray a prayer asking God to give you abundant faith. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #15 - PRAYER - We have a high priest in heaven who can identify with all that we go through. Read Hebrews 4:15-16. Pray a prayer that demonstrates the truth of these verses. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

Day #16 - PRAYER - The fervent prayer of a righteous man accomplishes much. Read James 5:16-18. Pray a fervent and passionate prayer to God about several of the items on your heart right now. What is God saying to you?

How does this apply to First Priority?

Today I will _____ as a result of this prayer.

FASTING GUIDE

Here are some **Action Steps** to take as you pray to prepare for fasting:

- **Your prayers should focus on YOU. (*Confession of sin* - Confess fear. Confess doubt. Confess lack of will, at times. Confess loss of focus on the Gospel objective, at times. Confess laziness, at times. Confess other needs to God.)**
- **Your prayers should focus on God's Word.** Read each Scripture passage above then pray similarly to the prayer or truth taught in that passage. (Maybe take just one or two passages each day and pray according to what you learn in that passage. Direct your prayers to FP clubs and students.)
- **Your prayers should specifically ask God for solutions.** (fundraising, donors, leaders to help, new schools to begin clubs, professions of faith to grow in number, etc.)
- **Your prayers should petition God for converts to His gospel message.** (What do you think you should expect in number of professions of faith? What can you do to make this expansion effort more successful? How will you pour yourself into this effort? How will you pray for results that exceed everyone's expectations?)
- **Your prayers should ask God to reveal His will for the ministry of FP** for the next school year, the next two years and beyond? (What is God saying that His will is for your ministry? Should you be recording or journaling His revelations to you?)

These days of praying can **lead into your time of fasting** or **be done in conjunction with your fast**. Just let God use this designated time to prepare you and your team for 70 Days of Expansion. **The plan begins when the praying and fasting begin!** Anticipate the great outpouring of God on all of our efforts in prayer and fasting. We will see great results! Brace yourself!

Fasting is personal, private and powerful. There are many fasting plans out there, so choose a plan that fits your needs. At the very least, consider fasting a day a week, and use the meal time skipped for praying some of the prayers in the Prayer Guide above.

Fasting - 7 Good Reasons Christians Should Fast*

1. Because Christ Expects it of Christians
2. For Guidance
3. For Intensity in Prayer
4. As a Sign of Mourning
5. To Show Humility in the Presence of God
6. For Worship
7. For Spiritual Strength

* From www.whatchristianswanttoknow.com by David Peach

Here are some **Actions Steps**** we can take as a ministry as we “kick off” the 70 Days Plan of action.

After some days of intense praying for the **lost souls** in the schools and churches **under your watch**, begin your fast considering these items.

- **Your focus should be on your relationship with God.** (not your fast)
- **Your fast should be about some decisions you need to make in leading the clubs that are started.**
- **Your fast should seek the Lord where YOU have been defeated in the battle of Gospel entrepreneurialism.** (Were you afraid? Did you lose hope? Did you give up?)
- **Your fast should trust God for the outcomes.** (Be specific about the number of clubs to increase, the number of times the Gospel is shared, and the professions of faith you claim.)
- **Your fast should seek help to raise a good testimony before the enemy.** (Who is the enemy in your town? How can you fast for a stronger testimony to influence your school, church and parent leaders?)
- **Your fast should be concerning the grief you have over your sin, and, the general sin of our lost world.** (Be honest about your sin. Fast for the repentance of sins of students in your town.)

- **Your fast should include your humility before God.** (You don't know everything and you need His help. Fast for a contrite and open heart to learn the best steps to grow the FP ministry in your town.)
- **Your fast should include a strong worship pathway to God.** (Adore Him as you fast. Confess your sins as you fast. Ask God for specific things as you fast. Sing to Him songs and scripture verses as you fast.)
- **Your fast should expect miracles.** (Remember, fasting and prayer, coupled with faith in God, can work spiritual miracles. Which miracles does your FP ministry need?)
- **Your fast may include other things than the above mentioned ones.** (What else are you fasting for? How are you teaching your team members the principles of fasting? What are you learning?)

(**For a great "beginner method" to fasting go to this link - <https://www.desiringgod.org/articles/fasting-for-beginners>)

Use the above guide tips during the time you set aside for your fast. Read through them during your fast period(s) for help in your prayer and meditation. You will want and need to have something to occupy your thoughts when the Devil tries to get you to lose focus or abandon your fast. Know that we at First Priority of America are with you in this journey.